

NEWSLETTER

MAY 2025




Join us for a sparkling Annual Meeting and Wine Tasting

Our May meeting is a special one—it's our Annual Meeting, where we'll take a brief moment to celebrate on the past year and share a glimpse of what's ahead. There are some official bits to cover, but we will whizz through this:

- Annual Report
- Election of Committee & President
- Your chance to vote for the next WI Resolution & changes to the WI Constitution

Documentation and info will be sent via email beforehand, for those who want the details, so we can focus on what really matters—connecting and having fun together!

We're also thrilled to welcome Richard Royds, Manager of The General Wine Company in Petersfield.

Richard will be guiding us through a fascinating wine talk and tasting: "Old World vs New World" – exploring wine regions, styles, food pairings, and tasting three beautiful wines (plus a non-alcoholic sparkling option). 

Expect a warm, welcoming evening filled with flavour, friendship and maybe even a new favourite tippie! Come along, relax, and raise a glass with your fellow members—we can't wait to celebrate with you!

Can you donate a FABULOUS raffle prize?

Email petersfieldevepres@hampshirewi.org.uk

Next Meeting

TUESDAY 20TH MAY

7.30-9.30PM

DOORS OPEN 7.15PM

**REFRESHMENTS SELF SERVICE
THROUGHOUT THE EVENT**

THE STUDIO

THE PETERSFIELD SCHOOL

THE CAUSEWAY

PETERSFIELD GU32 3LU

///HINT.BREACHES/HAMSTERS

Staying Safe in a Digital World: Cyber Crime Awareness

We're pleased to announce that on Tuesday 17th June, our guest speaker will be a representative from the Hampshire and Isle of Wight Constabulary, who will be joining us to shed light on the growing issue of Cyber Crime. With online scams and fraud now making up a significant proportion of reported crimes each month, it's more important than ever to stay informed.

This session will offer practical advice on how to spot suspicious activity, avoid common traps, and protect ourselves and our loved ones from being caught out. Whether it's phishing emails, online scams, or digital privacy tips, this talk aims to leave you feeling empowered, informed, and confident online.

We hope you'll join us for this highly relevant and important session.

**Buddy Walk to meeting:
Meet at the library at 7pm**

**Mark your calendars for the next meeting dates
Tuesday 17th June | Tuesday 15th July**

Free CPR Training – Learn to Save a Life!

We're proud to offer our members a free CPR and defibrillator training workshop, delivered by local charity Saving Lives Together (SaLT). This two-hour session will teach you how to confidently respond in an emergency, learning how to start a heart and use a defibrillator effectively.

📍 Venue: The Studio, Festival Hall

📅 Date: Thursday 12th June

🕒 Time: 7-9pm

The workshop supports the 2025 WI resolution: "Bystanders Can Be Lifesavers"—a powerful reminder that every second counts, and knowing what to do can make all the difference.

Spaces are limited, so please book early to secure your place using the link/QR Code below.

<https://outlook.office.com/book/petersfieldveningwi@hampshirewi.org.uk>

Let's learn the skills that could save a life.

Member Resources on Website

Use the QR code below to head to our website!

All members head here to complete:

- Gift Aid Declaration
- Emergency Contact Form
- Member Consent Form



SOCIAL EVENTS - BOOKING INFO

🎉 We've got some exciting social events coming up that you won't want to miss! From fun gatherings to relaxing experiences, there's something for everyone. 📅 Flyers and booking info are attached—be sure to check them out!

🌿 We're especially delighted to announce our very first **Well Being Retreat** this September—get ready to unwind, recharge, and reconnect.



Walking Netball – Still Time to Join the Fun! 🏐

We're now halfway through our 6-week Walking Netball course, and it's safe to say it's been a hit!

This brilliant, low-impact form of exercise is open to all abilities, and there are still three weeks left to get involved. If you're curious or keen to give it a try, it's not too late!

Sessions are £5 per week (pay as you go) and take place every **Thursday evening, 7–8pm at Churcher's College**. Join the Walking Netball group on our WhatsApp community to find out more and come along for some sporty fun and friendship!



📢 Calling All Volunteers – We Need Your Help! 🙌💪

We're excited to be supporting the **Petersfield CARRR Car Boot Sale** on Sunday 25th May, 27th July and 28th September at The Avenue Pavilion — and we need your baking brilliance and manpower!

We're calling on members to:

- Donate cakes for our stall
- Donate items for car boot Table Top Sale (no clothing) - Bring to meeting on the 20th
- Help serve/cook the breakfast rolls!

✉️ If you're able to help, please get in touch with Michele at micheleharpur@grp-solutions.com

🍰 Bakes need to be dropped off by 8am on the day or Michele (our Car Boot Sale organiser) will collect the Friday before. **Please email Michele to confirm arrangements**

LINK/QR CODE TO BOOKINGS PAGE



WELLNESS RETREAT

theWI
INSPIRING WOMEN

A morning to Nurture, Inspire and Recharge

Beginner friendly home workout with Tessa

Boost strength, mobility, and joint health with easy, effective exercises designed for women at every stage of life.

Eat Well, Age Well Workshop with Mel

Learn simple, practical nutrition tips to support muscle, bone, brain and heart health without overwhelming changes or strict diets.

Sound Bath & Meditation with Jess

Relax deeply with a guided meditation and sound journey to rebalance body, mind, and spirit.

Cost: £49 per person
Limited spaces



Saturday 27th
September



Henry Warren Hall
Nyewood GU31 5HX



9.00 AM -
1.00 PM

**Refreshments
included**



Tessa Fanshawe

Personal Trainer & Nutrition Advisor
Tessa Fanshawe Fitness



Mel Conder

Menopause & Nutrition Coach
Hormonally Nourished



Jess Khushi

Yoga & Sound Healing Instructor
Khushi Yoga

**Head to the Petersfield Evening WI Booking Page to secure
your place. On confirmation please pay via the WI Bank AC.**



Free CPR Training

In support of the 2025 WI Resolution **"Bystanders can be Lifesavers"** we are offering our members a FREE CPR training event with local charity SaLT "Saving Lives Together".

Learn how to:

- About bystander skills
- Start a heart - CPR
- Use a Defibrillator
- About the chain of survival
- Dispel the myths

"Be ready to do something remarkable and save a life"

To secure your place on this FREE WI training event head to our Petersfield Evening WI Bookings page.

<https://outlook.office.com/book/PetersfieldEveningWI@hampshirewi.org.uk/>

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www.savinglives.together.com

**Saving
Lives
Together**



Mediterranean *Supper Club*

Saturday,
June 21st, 2025

7pm

£45 per person

GALLERY 30

HIGH ST, PETERSFIELD

To book go to WI Bookings Page
On confirmation please make payment to WI Bank
AC Ref SUPPER and SURNAME

BOOK BY JUNE 3RD - NO REFUNDS AFTER JUNE 7TH





Petersfield Evening WI

Party In The park

- Lets get together to celebrate 110 years of the WI
- Take part in our "Group Photo" to mark this historic moment
- BYO picnic and chair/rug
- Invite a non- member friend



Saturday, July 5, 2025
11.30 to 13.30



Petersfield Lake

Subject to weather conditions



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INSPIRING WOMEN

Paint & Sip



WI Members Event

Thursday, July 10th 2025

7 pm to 9.15 pm

Arrival from 6.45pm

Join us for a special “Paint & Sip” event exclusively for Petersfield Evening WI members!

Enjoy a fun and laid-back evening as you create a Floral masterpiece using watercolour paints on. All necessary materials will be supplied.

Location: Gallery 30, High St, Petersfield.

Featuring Artist Charlotte Brightwell.

A glass of Prosecco or Elderflower and a frame is included. Additional drinks can be purchased separately.

Discounted WI Member Price £23 per person



24 spaces available - to secure your spot, go to the WI Booking sPage then make payment to WI account on booking confirmation.

