

# STROUD EVENING WI NEWSLETTER



ISSUE 05 | JULY 2025



## NEXT MEETING

Tuesday 8<sup>th</sup> July

19:30 – 21:30

Doors open at 19:10

Refreshments Served

Following our meeting

## STROUD VILLAGE HALL

Ramsdean Road

Petersfield (Stroud)

GU32 3FS

## FASHION SHOW

What fun we had at the Charity Fashion Show with Cancer Research UK. Huge round of applause to **Glen Wellstead** for her organisation of the event.

Our lovely models, Jenny Milner-Smith, Gaye Bartlett, Gill Barnes, Margaret Williams and Rosemary Bishop each showed off their style in various fabulous outfits. The select ensembles were (continued p.2)

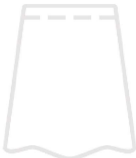


## AUGUST

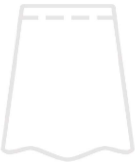
12<sup>th</sup> April → Jane Austen and her best friend Martha with Jane Glennie. **OPEN MEETING** so bring your friends!



finished off with shoes, jewelry, matching handbag and some even sported a stylish hat! This event raised £279.45 for this worthy charity.



Thank you to our members for being models and cheering on the models. We hope you picked up something nice in the process! This was good fun and something that we must do again!



We are still in need of a **deputy treasurer**. Please contact me and lend a hand. Our group will not continue next year unless we have officers to fill the roles. It would be great to have someone "on the job" in preparation for the next May.

## COMMUNITY

 SUNDAY 29<sup>th</sup> JUNE |  **BEACON OF PEACE CHARITY WALK** Last year some of our members took part in the **Beacon of Peace** fundraising walk. We managed to raise £150 locally, and this was turned into £1000 which we donated to The Rosemary Foundation. We'd like to do this again, and hope you can join, whether through getting sponsors and/or walking on the day. This year celebrates their 40<sup>th</sup> anniversary walk, so it will be bigger and better to benefit more charities than ever before!

**Date:** Sunday 29<sup>th</sup> June 2025

**Time:** 9:30 registration, 11:00 start

**Venue:** Waverley Abbey School, Tilford, Farnham, GU102AE

### Why Take Part?

**Hassle Free:** Our dedicated volunteers organise every detail of the walk. **Cost-Free:** Fully funded by us, with no costs to participants or charities. **100% to Charity:** Every penny raised goes directly to your chosen charity, with zero admin costs.

**Complimentary Lunch:** Enjoy a delicious complimentary lunch and on-route refreshments. **A Walk for Peace:** Unite diverse communities to promote peace, cohesion, and charity. **Family-Friendly:** Bring family, friends & pets for a fun-filled day, including a fun fair and kid's activities.

 **Postponed** |  **110<sup>th</sup>**

**ANNIVERSARY OF THE WI.** We are planning to host a Summer Lunch, with invitations going out to our former "group" WI's. We have selected a beautiful venue, Broadhalfpenny-down in Hambledon, home of cricket! We are planning to have it catered with donations of cakes. This will be a lovely social for us. They will provide chairs, a marquee and access to the clubhouse. We will be hosting this event, and would like you all to take part in showing off our best selves! We really hope you will take an active role in this event, we need members to work on the team.

 Thursday, 24<sup>th</sup> July |  **OPEN MORNING (1000-1200)** Glen is organising a relaxed and welcoming **Open Morning at Stroud Village Hall**. Whether you are a long-time local or new to the area, this is a great opportunity to pop in for a quick chat, enjoy a cuppa, and get to know the friendly faces in our group. It's also the perfect chance to bring along friends or potential new members who might be curious about what we do.

We'll be sharing a bit about our activities, upcoming events, and how people can get involved — whether it's volunteering, joining in on social events, or simply staying connected with the community.

We'd love to see you there and show how great a group we are!

## DATES FOR YOUR DIARY

### Aug

5 – Committee – 7 ★ @ 1800

12 – Jane Austen and her best friend Marth with Jane Glennie. OPEN evening

### Sept

2 – Committee – 7 ★ @ 1800

9 – Bringing back the White-Tailed Sea Eagles with Andrew Snow

### Oct

7 – Committee – 7 ★ @ 1800

14 – Armchair Aerobics hosted by Lesley Poulter

### Nov

4 – Committee – 7 ★ @ 1800

11 – Armistice Day Christmas Decoration Workshop

### Dec

9 – Christmas Party! – TBC

**Did you know??** You can access the monthly Hampshire News magazine online at <https://mywi.thewi.org.uk/federation-team/federation-newsletters>



## Consitution Updated

The WI Handbook 2025 has been updated to reflect the changes voted on in the annual meeting on 4<sup>th</sup> June and is now available to view/download for reference on My WI here:

[https://mywi.the\\_wi.org.uk/running-your-wi/members-resources/wi-handbook](https://mywi.the_wi.org.uk/running-your-wi/members-resources/wi-handbook)

## COMMITTEE CORNER

**Speaker program 2026** - We are working hard to bring you an exciting program for 2026! Thank you to all of our members who filled out the speaker questionnaire at the last meeting, this is valuable insight to learning what you want to hear about. We will do our best to deliver!

**2026 Member contact lists** are now available, please make sure you pick yours up at the next meeting!

**Deputy Treasurer is still needed.** Please, consider lending Rosemary a hand this year as she will be stepping down in May. This "on the job" training will make the transition easier. Remember, our WI needs 3 officers to remain open, so we need your help!

**2026 Diaries available to order!** Reminder, you can order your 2026 diary from Rosemary (£8.00 each) at the July or August meetings only. Be sure to sign up so you don't miss out! Diaries will be shipped later in the year.

## CPR Class with Petersfield Evening WI

We were invited in June to learn CPR as part of the "Bystanders can be Lifesavers" resolution unanimously voted in this year at the WI's national meeting last month. During this informative, and eye-opening session we were shown how to provide life-sustaining compressions and use of a defibrillator. This talk, delivered by Angharad Snow of Saving Lives Together (SaLT) was very interactive and worthwhile. All present felt more confident they too could be a "lifesaver".

## DEVON HOLIDAY

*Friday 10 April 2026 to Monday 13 April 2026*

All Prices subject to Availability, and are based on 40 travelling

The Events Team, in conjunction with Angela Holidays, are pleased to be able to offer members and friends/husbands a three night break to Devon. See itinerary. Figures Include all admission fees, unless stated.

We will travel by coach from Hampshire and departure points will be announced nearer the time according to demand. We depart on Friday 10 April 2026 and return on Monday 13 April 2026

Cost: per person £390, for Dinner, Bed & Breakfast at either the Mercure, Paignton or Headland Hotel, Torquay. Based on 2 sharing Single supplement: £80.

Sue Macdonald 07803 381310 or Anne Coleborn 07972 549743 [Suemacdonald@hampshirewi.org.uk](mailto:Suemacdonald@hampshirewi.org.uk) or [annecoleborn@icloud.com](mailto:annecoleborn@icloud.com)

To register your interest, please CONTACT Sue or Anne at the email addresses above. If over-subscribed a ballot will be held. For those successful applicants, we will require the deposit of £50 within 2 weeks either by BACS or cheque made payable to HCFWI. Closing date: Thursday 4 September 2025

Any surplus from this event will go to HCFWI general funds Charity Reg No. 1010437



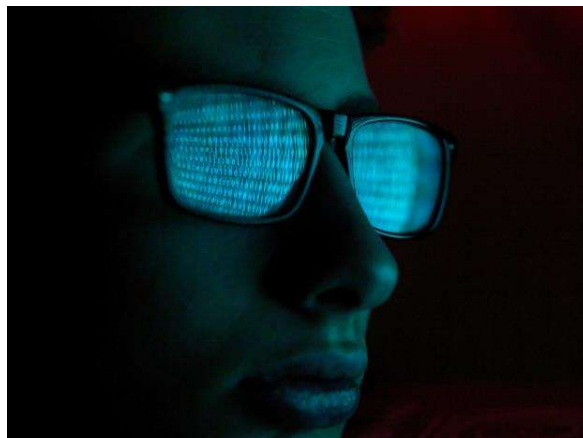
## CYBERSECURITY

I attended a fantastic presentation by the Hampshire Constabulary about keeping safe online. The biggest takeaways from were:

- **Do not have the same password** for your email, your banking apps, and your social accounts (Facebook, Instagram, WhatsApp, etc.). Use 3 unrelated words (such as TelephoneStreetApple), 13 characters in length makes it tough to hack.
- **Use Password managers**, whether it's built in to your phone/computer or even in a notebook you keep in a drawer. If you get robbed, they are unlikely to take this, they are looking for something to resell, like your laptop.
- **Implement 2-Step verification** as it's the most effective way to protect your online accounts from cyber criminals. You can do this with free apps like Google Authenticator or Microsoft Authenticator.
- **Update your devices** as they contain the latest protection from viruses and other malware.
- **Take 5!** Never "just click", wait, ask someone to have a look, hover over the link to see if it makes sense.
- **REPORT IT!**
  - Phishing emails – [report@phishing.gov.uk](mailto:report@phishing.gov.uk)
  - Spam SMS – forward to 7726
  - Contact the fraud team at your bank – Dial 159 (all banks)

It was really interesting to learn how O2 intercepts reported spam numbers with an "AI Granny" who is connected to the scammer who's sole job is to just *waste their time!* While AI Granny is scamming the scammer, they are not scamming you!

If you have been a victim, please don't be embarrassed, did you know people aged



44-56 are the largest group who have fallen victim? It turns out, people aged 64+ are considered vulnerable with a lot of focus on this group, but this has nothing to do with their "age" or health. Focus is based on the amount of disposable income they have, which makes this a good scammer target.

To keep these scammers from success, please act! Change your passwords and manage them. Update your devices. Use 2FA. Take 5. Report it!

For more information, Google a free cyber action plan to take steps to protect yourself.

**Free Cyber Action Plan:** [Stay protected online with a Cyber Action Plan - NCSC.GOV.UK](https://www.ncsc.gov.uk/stay-protected)

In addition, if you need some bedtime reading, there is a great little book full of valuable information.

**The Little Book of BIG Scams** by the Met police [The Little Book of Big Scams – 5th Edition](#)

## WI Handbook 2025 –

Following the NFWI Annual Meeting last week and the Constitution updates being voted in, the WI Handbook 2025 has been updated to reflect these changes and is

now available to view/download for reference on My WI here

- <https://mywi.thewi.org.uk/running-your-wi/members-resources/wi-handbook>

The Word version available on My WI allows you to increase the font size, change the colors, or print sections as needed. Please note the content of the handbook must not be edited.

The WI Handbook covers everything you need to know about the WI, being a member, setting up and running a WI. This includes the role of the WI officers, recruiting and retaining members, and dealing with affairs across the organisation.

Please note the WI Handbook is updated annually and therefore printed copies will quickly become obsolete so we would recommend that WIs avoid printing too much of the Handbook and always in the first instance refer to the online version which will always be the most up to date.

If you have any questions about the handbook, get in touch with the Membership and Engagement Team at [membership@nfwl.org.uk](mailto:membership@nfwl.org.uk)

**theWI Hampshire**

**VJ Day Tea Party** **Thursday 14 August**  
2pm – 4pm

WI House  
Eastleigh SO50 9XB

with Joanna Foat  
the UK expert on the  
Women's Timber Corps

Tickets £17.50

Please book on Eventbrite: <https://www.eventbrite.co.uk/e/vj-day-tea-party-tickets-1402259167919>

or email [ticketing@hampshirewi.org.uk](mailto:ticketing@hampshirewi.org.uk) with a copy to [finance@hampshirewi.org.uk](mailto:finance@hampshirewi.org.uk)  
Include details of attendee(s) and pay by BACS to Hampshire County Federation of WIs.  
Sort code: 30-99-71 Account No: 02399673. Please add reference: 'your name'+VJDay

**No refunds unless the event is cancelled**

**CLOSING DATE: August 2025 (Unless fully booked)**  
Enquires only to: Sue Crump [suecrump@hampshirewi.org.uk](mailto:suecrump@hampshirewi.org.uk)

Any surplus from this event will go in to HCFW general fund  Charity Reg No: 1010437




## Join the Red Roses Yarn Art project to celebrate the Women's Rugby World Cup

Inspired by the Red Roses' love of crochet as a team-bonding activity, England Rugby are calling on the nation to take part in a Yarn Art Installation project, designed to inspire the next generation of female players and deliver a legacy for the Women's Rugby World Cup 2025. It's a great way for the nation to come together, painting the country red and white to show their support for the Red Roses this summer! The England Red Roses rugby team has embraced crocheting as a creative and calming hobby, especially during downtime from intense training and tournaments. This trend has been highlighted by Abby Dow, Hannah Botterman and Tatyana Heard, who have formed an informal Red Roses Crochet Club. Abby Dow in particular is known for her crocheting skills and has crafted items such as a golden rose to commemorate Marlie Packer's 100th cap.

Knit, crochet, create and get involved with a Yarn Art Installation near you, whether it's a Red Rose, bunting, or a simple square, all creations are welcomed. Please click on the link below to find out more about this exciting project, including resources, patterns, installation locations.

[Join the Red Roses Yarn Art project to celebrate the Women's Rugby World Cup | Rugby Football Union](#)