

STROUD EVENING WI NEWSLETTER

ISSUE 08 | OCTOBER 2025



ARMCHAIR AEROBICS WITH LESLIE POULTER

Our latest monthly meeting was full of energy thanks to guest speaker Leslie Poulter, who led us through a surprisingly rigorous session of armchair aerobics! There was plenty of laughter and determination as we stretched, lifted, and moved to the rhythm — all from the comfort of our chairs.

After the workout, we certainly earned our well-deserved cake at breaktime. It was a fun and lively session, though a few of us may be feeling it in the morning! Special applause to those who made this their second workout of the day — you're truly our inspiration!



NEXT MEETING

Tuesday 14th October

19:30-21:30

Doors open at 19:10

Refreshments Served
following our meeting

STROUD VILLAGE HALL

Ramsdean Road

Petersfield (Stroud)

GU32 3FS

OCTOBER

Bringing back the White-
Tailed Sea Eagles **Andrew**
Snow, this should be an
interesting and
educational session!

Walk for Peace!

East Hampshire Walk | 2025



We're thrilled to announce that, for the second year running, we'll be taking part in the **Beacon of Peace Charity Walk**—a wonderful event that brings people together to support meaningful causes in our community.

Last year, thanks to your generous support, we raised **£150**, which was matched and multiplied by the organization into a **£1,000 grant**. We proudly donated that sum to **The Rosemary Foundation**, who were deeply grateful for the contribution.

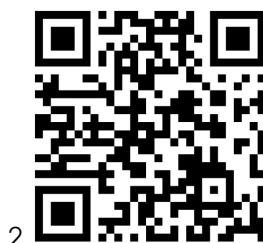
This year, we're walking again—with the same goal: to make a positive impact locally. We'd be incredibly grateful if you could **sponsor us** and help spread the word by sharing our **JustGiving link** with friends and family. Every bit of support makes a difference!

Let's walk together for peace, for community, and for change. Why not JOIN our walking team?!

Scan the QR code below to 1) donate or 2) register to walk with us:



[Click here to donate](#)



A SWEET MORNING FOR A WORTHY CAUSE

We were thrilled to join Steep House Nursing Home on Tillmore Road, Petersfield, for a heartwarming fundraising morning in support of MacMillan Cancer Support. Held from 10:30 to 11:30, the event was beautifully coordinated by Gaye Bartlett, with generous volunteers contributing their time—and their baking talents!



From the moment we arrived, we were warmly welcomed by Sandra, Kerry, and the wonderful team of staff, residents, and guests. The atmosphere was lively and cheerful, with tables brimming with homemade cakes and treats. There was truly something for every sweet or savoury tooth!

Thanks to the kindness of our members who donated cakes or popped in to support, we raised a fantastic sum (£205.10) for MacMillan Cancer Support. It was a lovely reminder of the power of community and the joy of coming together for a good cause.

A special congratulations to Gill Deverill, who took home the raffle prize—well deserved! And a heartfelt thank you to everyone who helped make the morning such a success. Your generosity and spirit made all the difference.

COMMITTEE CORNER

🔴 Deputy Treasurer is still needed.

STROUD EVENING WI SUPPORTS LOCAL YOUTH CHARITY WITH £250 DONATION

Stroud Evening Women's Institute is proud to announce a donation of £250 to *The King's Arms*, a Petersfield-based charity dedicated to supporting young people in the local community. The cheque was presented by our treasurer, Rosemary Bishop, in a gesture of solidarity and appreciation for the charity's impactful work.

The King's Arms has been a cornerstone of youth support in Petersfield for over 20 years. With centres in both Petersfield and Alton, the charity offers a wide range of services tailored to the needs of young people aged 8 to 18. These include:

- **After-school clubs** that provide a safe and welcoming space to relax, play games, and make friends.
- **Mentoring and 1:1 sessions** for those facing personal challenges or needing a listening ear.
- **Thrive wellbeing groups** for young people dealing with anxiety, school stress, or family issues.
- **SuperSONIC sessions** for young people with Autism or Down's Syndrome, helping them build social skills and offering respite for parents.
- **Young carers groups**, giving those who care for relatives a chance to connect, unwind, and enjoy time with peers.

The charity's mission is to ensure every young person feels valued, supported, and empowered to reach their full potential. Their inclusive approach and dedicated



youth workers make a real difference in the lives of many families across the region.

Stroud Evening WI is delighted to contribute to this vital work and encourages others in the community to learn more about The King's Arms and consider supporting their efforts.

PARHAM HOUSE VISIT

We are really looking forward to our upcoming visit to Parham House on the 10th of October, generously funded by Rosemary's Bursary donation. We have members from Sheet WI, Hyden WI, and Petersfield Evening WI joining us.

We'll meet at 10:30 at the Kiosk for check-in, with the tour starting at 11:00. Lunch can be purchased on-site or you're welcome to bring a picnic, *note: seating is not private, first come first served.*

Carpooling has been arranged and communicated to make travel easier. It promises to be a delightful outing!



JOHN LEWIS SHOPPING EVENT



We're excited to invite members to this year's *John Lewis Shopping Event* in Southampton — a fun and festive evening of retail therapy! Past attendees have described it as a truly enjoyable experience, with treats like prosecco, samples, and even a fashion show. The store will be closed to the public, giving us exclusive access to browse, try on, and shop at leisure.

Each £15 ticket includes a £10 John Lewis gift card, making it a perfect way to kick off your holiday shopping. We'd love to attend as a group, so we're helping to arrange carpooling — either to Havant train station or directly to Southampton by car for those driving direct.

Don't miss out! Book your ticket today via Eventbrite:

[Festive Shopping Evening at John Lewis, Southampton](#)

Wednesday 12 November 2025 at 17:30-20:00

Let's make it a night to remember!

FUNDRAISING

We are getting into the season where we can make some money for our WI to donate to various local charities, fund our bursaries, and more. Please check your diaries to see if you can lend an hour or two to help raise funds at the Walk for Peace, the Orchestra Teas, the Christmas Market at Stroud Village Hall or the Giant Charity Christmas Market at the Festival Hall. Check the **Dates for your diary** section of this newsletter and get involved!

DATES FOR YOUR DIARY

Oct

2 – Coffee Morning and Magazine review at Eastleigh – WI House @1000

7 – Committee – 7 ★ @ 1800

10 – Trip to Parham House and Gardens

14 – Advisors Coffee – Sky Farm Park @1000

14 – Bringing back the White-Tailed Sea Eagles with Andrew Snow

25 – Beacon of Peace Charity Walk – @Hogmoor Inclosure @ 0900 - 1230

Nov

4 – Committee – 7 ★ @ 1800

11 – TBC

12 – John Lewis Event – Southampton @1730

20 – Orchestra Teas – Festival Hall @ 1500

30 – Christmas Market – Stroud Village Hall @1100

Dec

6 – Giant Charity Christmas Market – Festival Hall @ 0800-1600?

9 – Christmas Party! – TBC

Jan

6 – Committee - 7 ★ @ 1800

13 – Resolutions Discussion + ?

Feb

3 – Committee - 7 ★ @ 1800

13 – Monthly meeting

Mar

3 – Committee - 7 ★ @ 1800

13 – Monthly meeting

24 – Spring Council Meeting – Southampton