

# NEWSLETTER

AUGUST 2025

theWI  
INSPIRING WOMEN

## A Theatrical Treat Awaits at Our August Meeting! 🎭

This month's WI meeting promises to be one to remember as we welcome the fabulously talented Nicole Small, a costume designer with over 40 years of experience in film, theatre, opera, and ballet. From Hollywood blockbusters to the West End stage, Nicole's incredible career includes work on all five Pirates of the Caribbean films, numerous Tim Burton productions, hit Netflix shows, and ten years designing for our very own Petersfield Shakespeare Festival.

Her talk, From Hollywood to Hampshire, will lift the curtain on the magic of costume design—revealing the creative process, the backstage buzz, and what it's like to work with some of the industry's biggest stars. It's sure to be a fun and fascinating evening full of sparkle, storytelling, and behind-the-scenes secrets.

We're also delighted to be joined by Nicola from Home Start, who will give us an overview of the charity's vital work, share volunteering opportunities, and tell us about their October quiz fundraiser. Don't miss it!

## Huge thanks to our bakers and car boot volunteers!

Another fantastic Petersfield Car Boot Sale saw £380 added to our WI funds—thanks to your amazing generosity and outstanding baking skills! We're incredibly grateful to everyone who contributed, especially those who gave their time on the day, kept the bacon sandwiches coming, and did a roaring trade selling cakes. Your support makes all the difference—thank you!

## Next Meeting

**TUESDAY 19TH AUGUST**

**7.30-9.30PM**

**DOORS OPEN 7.15PM**

**REFRESHMENTS SERVED AFTER THE SPEAKER**

**THE STUDIO**

**THE PETERSFIELD SCHOOL**

**THE CAUSEWAY**

**PETERSFIELD GU32 3LU**

**///HINT.BREACHES/HAMSTERS**

## Race across the world!

Our members headed to the capital for the Race Across the World: London Experience — and it was a day full of fun, challenge, and friendship! Four teams competed against each other and the clock, solving puzzles and navigating quirky and lesser-known parts of London. With nearly 20,000 steps covered, there was plenty of laughter (and concentration!) as we raced through each leg of the activity. It was a fantastic way to explore the city, share an adventure, and enjoy the great company of fellow members. Another brilliant example of WI camaraderie in action!



**Buddy Walk to meeting:  
Meet at the library at 7pm**

**Mark your calendars for the next meeting dates  
Tuesday 16<sup>th</sup> Sept | Tuesday 21<sup>st</sup> Oct**

## September Speaker: Jennifer Jones – Confidence Through Style 🦋

We're excited to welcome Jennifer Jones, founder of the award-winning Jennifer Jones Styling, to our September meeting.

Jennifer Jones is a UK-wide personal styling company dedicated to helping women rediscover their confidence through style.

With a background in marketing and a passion for empowering women, Jennifer leads a team of expert stylists who support clients across the UK—offering a variety of bespoke services including wardrobe overhauls and personal shopping experiences.

Known for her warm, practical approach, Jennifer believes that every woman deserves to feel confident, comfortable and stylish all of the time (it is possible!). She and her team are here to help you become confident with choosing the right silhouettes for your body shape, the best colours for your skin tone, and the styles that suit your personality and lifestyle.



**New QR code to our bookings page for events and volunteering**



## Café Social with a birthday celebration 🌸

Last Saturday's Café Social was full of friendly chatter, birthday cake (Happy Birthday, Chloe! 🎂), and a lovely buzz as members caught up and enjoyed a relaxed morning together.

Café Socials are one of the gentlest ways to ease into our WI activities—just a cuppa, a chat, and the company of kind, welcoming women. If you've been thinking about coming along but feel a bit unsure, let one of the committee know. We'd be happy to introduce you to a few friendly faces to help make your first visit feel easy and enjoyable.

### NEXT CAFE SOCIALS:

**Thursday 4th Sept 2.30pm**

**Saturday 6th Sept 10.15am**

**at Gallery 30, High Street, Petersfield**



## 📣 WI Walking Netball is Back! 🏐

Open to all levels of players – whether you're a seasoned pro or just fancy giving it a go!

### 📍 Churher's College

🕒 7pm start on the following dates:

 **September**

◆ 4<sup>th</sup> and 11<sup>th</sup> – Outside Courts

◆ 18<sup>th</sup> and 25<sup>th</sup> – Sports Hall

 **October**

◆ 2<sup>nd</sup>, 9<sup>th</sup> and 16<sup>th</sup> – Sports Hall

£5 per session (payment details to follow)

Wear trainers and bring a water bottle

We'll be taking a short break in November, but don't worry – more dates will follow soon! Come along for fun, fitness, and friendship – we can't wait to see you back on court!

# WELLNESS RETREAT

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## *A morning to Nurture, Inspire and Recharge*

### **Beginner friendly home workout with Tessa**

Boost strength, mobility, and joint health with easy, effective exercises designed for women at every stage of life.

### **Eat Well, Age Well Workshop with Mel**

Learn simple, practical nutrition tips to support muscle, bone, brain and heart health without overwhelming changes or strict diets.

### **Sound Bath & Meditation with Jess**

Relax deeply with a guided meditation and sound journey to rebalance body, mind, and spirit.

**Cost: £49 per person**

**Limited spaces now available**

**BOOK NOW TO SECURE YOUR PLACE!**



Saturday 27th  
September



Henry Warren Hall  
Nyewood GU31 5HX



9.00 AM -  
1.00 PM

**Refreshments  
included**



**Tessa Fanshawe**

Personal Trainer & Nutrition Advisor  
Tessa Fanshawe Fitness



**Mel Conder**

Menopause & Nutrition Coach  
Hormonally Nourished



**Jess Khushi**

Yoga & Sound Healing Instructor  
Khushi Yoga

**Head to the Petersfield Evening WI Booking Page to secure  
your place. On confirmation please pay via the WI Bank AC.**





# MARCH WITH FOR MEN KEV

Petersfield 2025 - The 3<sup>rd</sup> Annual Event

**LET'S TURN PETERSFIELD BLUE AGAIN**

## REGISTRATION IS NOW OPEN!

**TO JOIN THE WALK AND REGISTER:**

See our website for details:

[www.marchformenwithkev.co.uk](http://www.marchformenwithkev.co.uk)

Or scan the Registration QR Code below.

(£5 registration fee per adult)



### 2.5K, 5K, 10K ROUTES TO CHOOSE

### SUNDAY 14<sup>TH</sup> SEPTEMBER 2025

### Petersfield Square 10am Meet & Greet

### (Walking starts from 10.45am)

Raising Awareness & Funds In Honour of Kevan Birkett

TO REGISTER:



TO DONATE:



All proceeds raised will be donated between Prostate Cancer UK,  
PCaSO Prostate Cancer Support & The Rosemary Foundation.

**Please join our fundraising Team and help us to Save Our Men**

**Visit [www.marchformenwithkev.co.uk](http://www.marchformenwithkev.co.uk)**

**Follow us on Facebook & Instagram**

**#MarchForMenwithKev #MarchForMen #ProstateCancer**