

NEWSLETTER



OCTOBER 2025

✨ October Meeting – Financial Wellbeing with Jodie Phelps ✨

We're delighted to welcome **Jodie Phelps**, Financial Adviser, as our guest speaker at our next meeting on Tuesday 21st October.

Jodie specialises in retirement planning, maximising wealth, and protection strategies.

She's particularly passionate about empowering women to take control of their finances, helping them build long-term security, manage wealth, and shape the future they want. Jodie will share practical steps to turn financial stress into confidence covering just some of the topics below:

- 🌱 Overall financial wellbeing
- 🌱 Top tips for day to day budgeting
- 🌱 Grow your wealth
- 🌱 Pension Options

Join us for an interactive, informative and educational evening 🍷

❤️ Cardiac Arrest is a feminist issue ❤️

We're excited to share that Anne Jones, our amazing Community Liaison Committee Member, will be leading the Bystanders Can Be Lifesavers campaign. Latest statistics from the British Heart Foundation show that 8,200 women in England and Wales could have survived cardiac arrest if they had been given the same treatment as men between 2003 and 2013.

If you'd now like to get involved 🧑🏻👩🏻🧑🏻♂️, please register your interest with Anne via the WhatsApp group 📱!

Let's get behind this campaign and help make a real difference in our community ❤️🏡

Next Meeting

TUESDAY 16TH SEPTEMBER

7.30-9.30PM

DOORS OPEN 7.15PM

REFRESHMENTS SERVED AFTER THE SPEAKER

THE STUDIO

THE PETERSFIELD SCHOOL

THE CAUSEWAY

PETERSFIELD GU32 3LU

///HINT.BREACHES/HAMSTERS

🏊 November Meeting – “The Rise, Fall and Rise Again” with Angus Collins

We're rounding off our incredible year of speakers with what promises to be one of the most powerful and inspiring talks yet. Our November guest is Angus Collins, a world-class endurance athlete who has rowed across the Indian, Pacific, and Atlantic Oceans, setting multiple records and becoming one of the most successful ocean rowers of his generation. But behind these extraordinary achievements lies an equally extraordinary personal story.

In his talk, Angus will share tales of ocean adventures, resilience, and teamwork before opening up about his own struggles with mental health and the journey toward healing and hope. His story is one of courage, honesty, and rediscovering purpose — and a reminder that true strength comes from vulnerability as much as endurance.

Let's finish the year as we started — supporting, inspiring, and celebrating each other.

Buddy Walk to meeting:
Meet at the library at 7pm

Mark your calendars for the next meeting dates
Tuesday 18th November | Tuesday 20th January

♥Happy birthday to us!♥

Last month, Petersfield Evening WI members gathered in the town centre to recreate a historic photograph of local WI women, originally discovered in the Petersfield Museum archives. More than 30 members, dressed in the traditional suffragette colours of green, purple and white, assembled on the corner of Petersfield High Street—standing proudly in the very same spot as their predecessors. The occasion was a double celebration: the first anniversary of the newly established Petersfield Evening branch, and 110 years since the founding of the Women’s Institute in the UK. The commemorative photo was taken by the Petersfield Photographic Society and will be shared with the museum to mark this important moment of connection between past and present.



Copyright Petersfield Museum




Copyright Petersfield Photographic Society

Wellness and Nourishment for our members

Last weekend we enjoyed a truly uplifting Wellness Retreat, beautifully organised by WI member and Nutrition & Menopause Coach, Mel Conder 🌿.

The morning began with an energising training session with Tessa, followed by delicious homemade treats from Mel. An engaging and interactive nutrition talk reminded us of the importance of fibre and protein, before Jess closed the retreat with a deeply soothing sound bath and meditation.

It was a morning of laughter, learning, and calm energy in the lovely setting of Nyewood's Henry Warren Hall. 



NEXT CAFE SOCIALS:

Thursday 30th October 2pm
Saturday 1st November
10am at Gallery 30, High
Street, Petersfield

New QR code to our bookings page for events and volunteering including all our Christmas activities



NEXT CRAFT CLUB:

**Wednesday 12th November
7-9pm at Gallery 30, High
Street, Petersfield. You can
bring your own craft or
participate in an organised
activity. All abilities and
crafts welcome.**



☀️ Volunteer Call for The Rosemary Foundation Christmas Fair ☀️

The Rosemary Foundation are looking for extra pairs of hands at their wonderful Christmas Fair on Sunday 16th November at Churcher's College, Petersfield.

The fair runs from 10.30am–2.30pm, and any time you can give – whether it's setting up, helping during the day, or staying to pack away – will make a huge difference.



This is such a worthwhile cause, and we know our WI members Wendy, Shirley and the team will be so grateful for your support. ❤️



If you can help, please pop over to the WI Bookings Page to register your interest.



John Lewis Festive Shopping Evening



Join fellow Hampshire WI members on Wednesday 12th November, at John Lewis Southampton for a special festive event filled with holiday cheer and great shopping opportunities. The perfect chance to get a head start on your Christmas shopping whilst enjoying festive music and refreshments. The evening will include tastings, demonstrations and a fashion show. Tickets are £15 per person and include a £10 gift card and drink on arrival.

Head to the eventbrite website to book your ticket or use the QR code in your Hampshire WI newsletter.

<https://www.eventbrite.co.uk/e/festive-shopping-evening-at-john-lewis-southampton-tickets-1605753454809>

🎄 Festive Wreath Making Workshop – Spaces Available! 🎄

Get into the festive spirit with our Wreath Making Workshop led by the talented Lynne from The Flower Shed. Join us on Monday 8th December, 6.30–9pm at Gallery 30, for an evening of creativity, laughter and festive cheer.

Lynne will guide you through crafting your very own beautiful Christmas wreath using fresh seasonal foliage and natural decorations. All materials are provided – plus, you'll enjoy a festive drink and slice of cake while you create!

Places are limited, so don't miss out. Book via the WI Bookings Page and send payment of £65 to the WI bank account (reference: Wreath + Surname).

A perfect way to start the season — relaxed, creative, and wonderfully festive! ✨

📌 October Raffle Prizes – A Real Treat!

We've got some truly fabulous prizes lined up for this month's raffle! 🌿 First up, a £90 voucher from Thrive Wellbeing for a one-to-one holistic healing treatment with our very own WI member, Eli Godin. Thrive is more than a yoga studio – it's a peaceful sanctuary where you can relax, restore and reconnect. Whether you're looking to ease tension, find calm, or simply take some time for yourself, this is the perfect opportunity to experience true wellbeing. Find out more at www.thrivewellbeing.org.

For our fabulous home cooks, there's also a bumper selection of pumpkins, squashes and gourds from Rogate Pumpkin Patch – ideal for whipping up hearty autumn soups, stews, and curries. 🎃 And, as it's the spooky season, we've even added a Halloween treat bucket to bring a little extra fun! Don't forget to bring your £1 coins and take part in our raffle at the next meeting – you never know, you might be one of our lucky winners! ❤️



Christmas Afternoon Tea

Exclusive WI Event at Gallery 30

£22.50 per person

A welcome glass of Prosecco

A selection of festive finger sandwiches

Pork & cranberry sausage rolls

Sweet scones with cinnamon sugar, orange curd & clotted cream

Mince Pies

Breakfast or Earl Grey Tea

SATURDAY 6TH DECEMBER

4pm to 6pm

Please book using the WI Bookings Page to secure your spot
and make payment to the WI Bank Account

Payment reference: Tea and Surname

(please advise dietary requirements, sadly we cannot accommodate vegan options)

theWI
INSPIRING WOMEN



EXCLUSIVE PETERSFIELD EVENING WI



CHRISTMAS WREATH MAKING WORKSHOP

WITH LYNNE FROM THE FLOWER SHED

£65 per person

Festive drink & cake included



MONDAY
DECEMBER 8TH

6.30 TO 9 PM

AT GALLERY 30

HIGH ST PETERSFIELD

BOOK NOW – SPACES LIMITED

Please book via the bookings page and send payment
to WI bank account Ref Wreath & Surname



THE ROSEMARY FOUNDATION CHRISTMAS MARKET



SUNDAY 16TH NOVEMBER
10.30AM - 2.00PM
Churcher's College
Ramshill, Petersfield, GU31 4AS



Raffle, A Variety of Stalls, Handmade Gifts,
Fashion, Homeware, Handbags, Pottery,
Christmas Cards, Candles, Nail Salon & More!

Games



Live Music



Cafe

**EVEN BIGGER & BETTER THAN LAST YEAR
WITH FREE PARKING ON SITE!**

Father Christmas
& His Elves



Cake

Tombola

FREE WI Home Energy Advice Session

theWI
INSPIRING WOMEN

Together, we can improve your home energy and stop climate change. Are you in?

Hosted by PECAN & MyHomeMadeBetter

- ✓ Improve energy efficiency in your home
- ✓ Save money on your energy bills
- ✓ Whilst reducing climate impact



Weds 12 Nov
7 - 8 pm
2025



VIRTUAL MEETING - VIA TEAMS



www.petersfieldcan.org



Book via the WI Bookings Page to
receive your link to the call.



my home
made better

★ Bridge Tea in aid of Fitzroy Support and Lions Charities ★

Enjoy an afternoon of cards, laughter, and friendly competition – all while supporting a great cause. Check out the flyer below for full details and booking info – gather your friends and join in the fun!

Charity Bridge Tea



In aid of

Fitzroy Support & Lions Charities

on Friday 31st October 2025

between 14:00 and 17:00

at Petersfield Community Centre

Cost £60 per table

**For each table please bring 2 packs of cards
& a tablecloth for use during tea.**

Optionally, you can bring bidding boxes.

There will also be a raffle

To book a table, please fill in the attached form.

Petersfield Lions Club (CIO) : Registered Charity Number 1174868

www.petersfieldlions.org.uk

Name :

Number of tables required :

Phone Number :

Email address :

Any food allergies :

Please send a cheque for £60 per table made out to Petersfield Lions Club along with this form to:

Lion Mary Putnam

110B The Causeway, Petersfield, GU31 4LL

Alternately you may pay by BACS:

Sort 60-16-26 Account No 80227651 Petersfield Lions Club

Please put "Bridge" in the reference field and email a photo of the form to s.m.manktelow@gmail.com

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